

Ridgeview Foundation Focus

Spring 2008



“Never before has philanthropy meant so much to independent health care and Ridgeview Medical Center. Through their generous support, our volunteers and donors have helped us transform the lives of people throughout the western corridor of the metropolitan region. Their involvement is having a direct impact on the level and sophistication of health care that Ridgeview can provide.”

—Doug Stasek
Vice President, Ridgeview Foundation

“Ridgeview Medical Center is working to change the face of health care in our region. It is through the hard work and dedication of our medical staff, employees, donors, volunteers and community members that will make this possible. Ridgeview will continue to strive toward improving the health and well-being of our community. We are excited about the goals that have already been accomplished and the vision we have for the future.”

—Robert Stevens
President and CEO, Ridgeview Medical Center

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Doug Stasek,
*Vice President,
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*Director,
Ridgeview Foundation*

Dear Friends,

Spring is such a wonderful time of year. We watch as our children play baseball, ride their bikes, get dirty and act like, well, children. Some of our favorite times together as a family involve being outdoors and enjoying time with our kids.

Ridgeview is working hard to ensure that every family can experience these times together with the addition of the new Center for Women & Children. Construction will begin this fall and when completed, the Center will be one of the most comprehensive health care resources for women in the west-metro area. Page 3 of this newsletter contains an update on the project and what the Center will mean to our community.



*New Foundation
Board Members
Dr. Katherine Hackett
and Keith Rachev,
and Board Chair
Shawn Greseth.*

I am also pleased to welcome two new members to the Ridgeview Foundation Board of Directors: Dr. Katherine Hackett and Keith Rachev.

Dr. Katherine Hackett, a pediatrician at Lakeview Clinic, Ltd., is a graduate of Northwestern University Medical School and completed her internship and residency at the University of Minnesota Pediatrics Program. She is board certified in Pediatrics, with special interests in developmental and behavioral pediatrics, learning differences and children with special needs. Dr. Hackett commented about her passion for children's health care and why she believes in Ridgeview Foundation, saying, "Fundraising for a new Center for Women & Children will help us meet our needs. I have the pleasure of knowing how this Center will take our services for women and children to new levels. It's the power of philanthropy that allows Ridgeview to develop and maintain the facilities and technology to support a regional medical center."

Dr. Hackett and her husband, Richard, make their home in Excelsior.

Keith Rachev, president of Inetium, LLC, a Pohlad family company, is devoted to solving business challenges by aligning the right technology strategy. His passion founded Inetium in October 1998 with the mission of being a leading provider of information technology strategy, solutions and services. Keith is well versed in the tasks and responsibilities of his new appointment as he actively serves on the boards of many prominent volunteer organizations in the area. On being asked why he wanted to become involved with Ridgeview Foundation, Keith told us, "Like Inetium, Ridgeview has and will continue to grow and prosper. I am extremely impressed by Ridgeview's innovation, quality and commitment to providing the best-possible health care to the community we serve."

Keith and his wife, LuAnn, live in Waconia and have two children.

Dr. Hackett and Keith each bring a unique set of talents to Ridgeview Foundation, and we look forward to working with them.

I invite you to learn more about Ridgeview Foundation and to become involved with our Transforming Lives capital campaign. Your philanthropic support will help us bring the next level of health care to our region.

Sincerely,

Shawn Greseth
Chair

The Center for Women & Children

Ridgeview's Center for Women & Children is making progress and will open in spring 2009. Plans have been finalized and construction is scheduled to begin this fall. When completed, Ridgeview's new Center for Women & Children will be the most comprehensive health care resource of its kind in the west-metro area and will offer services to women at all stages of their lives.

The new Birthing Center, located on the third floor of the hospital, will include six birthing rooms; 18 private, postpartum rooms with hotel-like décor and amenities; two rooms dedicated to C-sections; two antepartum rooms; and a nursery. A soothing color scheme and elegant design features will provide a relaxing environment for patients and their family members. Facilities will be in place for new mothers to have the option to labor and deliver in water.

A new level III Neonatal Intensive Care Unit (NICU) will be on the hospital's second floor, and will be the only level III NICU in the Twin Cities west of I-494. The NICU and our partnership with Children's Hospital and Clinics of Minnesota will enable

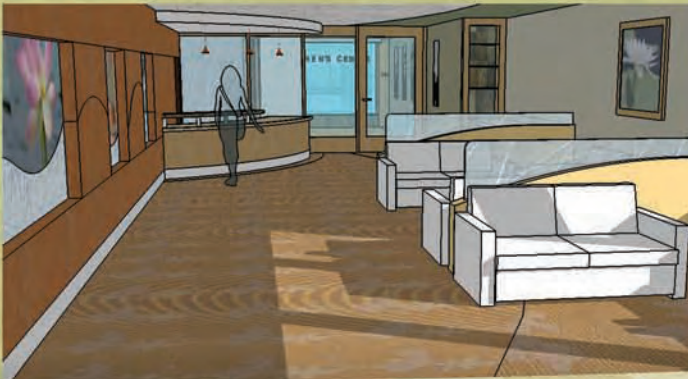


Ridgeview to provide long-term care for babies with special needs, allowing them stay closer to home.

In addition, a major update will be made to the existing Pediatrics Unit, and the Women's Imaging & Breast Center will also see a \$1.5 million enhancement in its diagnostic technology.

Ridgeview is committed to providing women and children in our community with a comprehensive network of quality, compassionate care that is close to home and maximizes their well-being.

Architectural rendering of the lobby in the new Birthing Center.



Architectural rendering of a postpartum room.



2008 Golf & Taste Celebration

in support of the Center for Women & Children

Ridgeview Foundation will host the 23rd Annual Golf & Taste Celebration on Monday, June 23, at Island View Golf Club in Waconia. The event is one of the largest and most popular fundraisers in our community and one of the most successful charity golf tournaments in the Twin Cities. Money raised this year will go toward the purchase of a Central Fetal Monitoring System in the new Center for Women & Children. For more information, call (952) 442-6010 or visit www.ridgeviewfoundation.org.



Chaska Hospice Residence Update

Groundbreaking for Ridgeview's new residential hospice facility will be held this summer. The residence will be located in Chaska, on a beautiful 3-acre site gifted by the City of Chaska on the southwest side of Lake Bavaria.

Hospice is a special kind of holistic care provided to people in the final stages of life. The new hospice residence is the first of its kind in the west-metro area and will provide patients an additional end-of-life care option. This is especially important to families that cannot care for their loved ones in the comfort of their home.

During hospice care, patients will at times require a short-term stay in a hospital to better manage their symptoms. The hospice residence will offer comfortable

surroundings when this type of inpatient care is necessary. Additionally, it can be a place where a hospice patient can receive care when family members need a planned break.

The facility will be Medicare certified, with 24-hour care focused on the patient and his or her family. The home-like private rooms will allow family and friends to gather together to support their loved ones during this precious time. Guest rooms will be available to family members for overnight stays, as well as a large kitchen, private gathering areas and scenic areas surrounding Lake Bavaria.

The hospice residence will be 100 percent funded by philanthropy, including a generous lead gift from Paul and Sheila Steiner of Waconia.

A special gathering in Chaska

On April 23, Mike and Jean Buller of Chaska graciously opened their home to more than 25 community leaders and philanthropists for coffee and dessert. A group of key presenters, led by Ridgeview President and CEO Robert Stevens, treated guests to a comprehensive overview of current initiatives. Topics included an update on the Minneapolis Heart Institute® at Ridgeview Heart Center, information on Ridgeview's partnership with Children's Hospital and Clinics of Minnesota and the new level III Neonatal Intensive Care Unit, which will be a part of the Center for Women & Children. Guests were also given an update on the forthcoming Hospice Residence and future medical facility, both of which will be located in the city of Chaska.

Ridgeview Foundation Board Member Jean Buller.



Heart Center Update

The Minneapolis Heart Institute® at Ridgeview Heart Center opened its doors in October 2007 and brought a new level of cardiovascular care to the west-metro area. The Heart Center allows patients to receive advanced cardiac care while remaining close to their families and primary physicians.

Since its inception, the Heart Center has experienced significant growth in both services and staff. "I didn't expect us to grow quite this fast," explains Ben Nielsen, director of Cardiovascular Services. "Our advanced technology—combined with the leadership of our medical director, Dr. Luis Pagan-Carlo, and the efforts of the entire Heart Center staff—has enhanced the cardiovascular services offered locally and improved patient access to cardiovascular care."

Besides Dr. Pagan-Carlo, additional cardiovascular specialists from the Minneapolis Heart Institute include Dr. Scott Sharkey, Dr. Daniel Lips, Dr. Yale Wang and Ty Harrison, physician assistant.

Service expansion to date:

- *Opening of the catheterization lab for coronary diagnostic procedures*
- *Diagnostic testing for vascular disease (interventional radiology procedures)*
- *Vascular clinic*
- *24/7 echocardiogram coverage*
- *Pacemaker checks*
- *Protocol to ease allergic response to the antiplatelet drug Plavix (Plavix desensitization)*
- *Chest pain protocols in the emergency room*

Future expansion:

- *Wound care services*
- *Heart rhythm diagnostics and treatment (electrophysiology clinic)*
- *Nonsurgical interventional procedures*



Ridgeview Medical Center Planning for New Medical Facility in Chaska

Facility to include stand-alone emergency room, and primary and specialty outpatient services

Ridgeview Medical Center is planning to open a three-story, 100,000-square-foot medical facility in Chaska. If more space is needed to meet the future needs of the community, the building can be expanded up to 200,000 square feet and six floors.

"This project complements Ridgeview's mission to offer new and needed services to the communities we serve. Research and the community's health care usage patterns indicate that a 24-hour emergency room and additional outpatient services may fulfill an unmet need in this area," says Robert Stevens, president and CEO of Ridgeview.

A free-standing ER—essentially a hospital without beds—will fulfill the need for convenient medical care and specialty services with easy access off of the new Highway 212. Along with the ER, other on-site primary and specialty outpatient services may include imaging (MRI, CT and ultrasound), surgery, clinics and more.

The facility will be located on the east side of Highway 41, between the new Highway 212 and Hundertmark Road in Chaska.

Annual Fund: Support Through Passion and Philanthropy



Eileen Stieve, RN, and Shelby Erickson, RN

Ridgeview Friends & Family, Ridgeview Foundation's largest giving club, combines community and employee donors in a common goal to support Ridgeview Medical Center.

Each year, thousands of generous community members choose to support Ridgeview's most pressing needs through *Ridgeview Friends & Family*. Community volunteers and donors combine their talents and passion to reach out into the community and build relationships across the region.

Ridgeview employees also give back to the hospital in many ways. From organizing a highway cleanup to individual and department gifts, Ridgeview employees have been instrumental in providing resources to create numerous enhancements to Ridgeview, including a cancer treatment room, CICU family waiting room, Emergency Department triage room, a new hospital cafeteria and three rooms in the new Center for Women & Children. Eileen Stieve, an

RN at Ridgeview, talks about why employees give back: "We feel so blessed to have the opportunity to work at a great hospital so close to home," Eileen says. "We often hear from patients, friends and our families that while Ridgeview continues to expand its expertise, it maintains a small-town feel," adds Shelby Erickson, also an RN at Ridgeview. "We are fortunate to have the opportunity to give back to such a great organization."

With your gift of \$100 or more, you will join others who share your commitment to health care by becoming a member in *Ridgeview Friends & Family*. All gifts are 100 percent tax deductible. Call (952) 442-6010 for more information.

Ridgeview Foundation Scholarship Winners

Ridgeview Foundation is proud to announce the 2008 Health Care Career Scholarship recipients. Winners include:

Mary Beth Christensen, *Waconia High School*

Samantha Drusch, *Delano High School*

Nicole Gueningsman, *Lester Prairie High School*

Christine Huber, *Watertown-Mayer High School*

Brittany Jacobsen, *Southwest Christian High School, Chaska*

Kristin Kahle, *Holy Trinity High School, Winsted*

Jamie Kitts, *Howard Lake-Waverly-Winsted High School*

Amber Meuwissen, *Central High School, NYA*

Marissa Millerbernd, *Lester Prairie High School*

Britta Moe, *Minnetonka High School*

Sarah Mullen, *Holy Family Catholic High School, Victoria*

Malea Noennig, *Mayer Lutheran High School*

Timothy Shay, *Mound Westonka High School*

If you wish to learn more about the scholarship program and its eligibility requirements, please contact the Ridgeview Foundation office at (952) 442-6010. Applications for the 2009 scholarship will be available in February 2009.

Mark your calendars:

Upcoming Ridgeview Foundation Events

Saturday, July 19 Breeze for Needs

Local motorcycle enthusiasts team up to raise funds for Cancer Care Services at Ridgeview Medical Center on a half-day ride throughout Carver County.

Wednesday, Oct. 8 Ridgeview Comes to River Dance Ranch

Join Ridgeview Foundation for an evening of great food, a live auction featuring nationally known auctioneer Karen Sorbo and music from the Johnny Holm Band.

Saturday, Nov. 1 Achieving a Healthy Balance

An annual day-long retreat, held at the Minnesota Landscape Arboretum, which is designed to help women renew and strengthen their physical and emotional well-being.

Saturday, Nov. 29 Breakfast with Santa and Mrs. Claus

Members of *Ridgeview Friends & Family*, along with their guests, are invited to visit Santa at Ridgeview. Participants will enjoy a hot breakfast, face painting, and a great morning with their friends and families.

For more information, e-mail foundation@ridgeviewmedical.org or call (952) 442-6010.

Planned Giving: Irene Bender

Irene Bender has traveled to many unique places around the globe. She's walked in the Sacred Valley of the Incas in Peru and stood upon the Great Wall of China. She has seen some of the most amazing wonders throughout the world. However, to see one of her favorite sights—a smile on the face of someone who has received a gift—Irene doesn't need to travel far.

As former residents of Waconia, Irene and her husband, Irv, were familiar with Ridgeview Medical Center. Almost 30 years after they had moved to Dassel, Irv was diagnosed with cancer. He spent his last days in the care of Ridgeview's hospice team. During that time, Irene came to see the personal and compassionate care that Ridgeview offered her husband; care that exists, in part, because of the generosity of the donors and volunteers who support Ridgeview.

Throughout his life, Irv gave much of himself to his workplace and home. Irene wanted to make sure that his practice of serving others would continue even after he was gone. To do that, Irene designated a gift in her will and trust plan to Ridgeview Foundation. "I decided that leaving a planned gift would ensure that Irv's desire to help others would continue to make a difference in a place we think of as home," explains Irene. "I also wanted to show our children how strongly we valued helping others."

The value of philanthropy runs deep in Irene's family. Her mother left a gift to her church when she passed away, which had a profound impact on Irene. "I was quite surprised to see that gift in my mother's will," Irene continues. "My mother emigrated from Germany and worked hard to get what she had. I was moved to see that she chose to give a gift to her church in Eagle Bend that meant so much to her."



In addition to honoring her husband and mother, one of Irene's strongest incentives to leave a gift to Ridgeview was a simple smile. Irene enjoys knowing that her gift will impact the lives of others in a positive way. "It is just so rewarding for me to leave a gift and know it will bring a smile to the face of each person it touches. It just feels right."

Please consider leaving a legacy to Ridgeview Foundation. If you would like more information on making a planned gift, please contact Ridgeview Foundation Director Laurel Hardgrove at (952) 442-8061 or e-mail laurel.hardgrove@ridgeviewmedical.org.

Irv Bender



*Ridgeview Foundation supporter
Irene Bender, pictured at the
Great Wall of China.*





Ridgeview Medical Center Recipient of the HealthGrades 2008 Distinguished Hospital Award for Patient Safety™

HealthGrades®, the leading health care ratings organization that provides ratings and profiles of hospitals, nursing homes and physicians, recently ranked Ridgeview Medical Center among the top five percent of all hospitals in the nation for patient safety. This prestigious ranking places Ridgeview among an elite group of only 249 hospitals to receive the honor nationwide. Ridgeview is one of only nine hospitals in Minnesota to reach this milestone. For more information on HealthGrades, visit www.healthgrades.com.

Classes, Events & Ways to Get Involved

Sports Injuries: Keep Yourself in the Game

For school athletes to weekend warriors

Join D. Daniel Rotenberg, MD, Western Orthopaedic & Sports Medicine Consultants; Christopher Meyer, MD, Orthopaedic Consultants, P.A.; and Jessica Hess, athletic trainer, Ridgeview Rehab Specialties, for a discussion of six common sports injuries including prevention, recognition and treatment. Coaches, trainers, parents, and recreational or competitive athletes of any level are invited to attend.

Wednesday, Sept. 10 | 7–8:30 p.m.

Ridgeview Community Auditorium, 500 S. Maple Street, Waconia

Kids and Cash

In today's consumer society, your child may need strategies to succeed and guidance so they can have good credit skills. Maura Steblay, MAEd, licensed parenting educator and president of Parenting Unlimited, will provide parents with information to help guide their decisions in educating their school-age children about using money wisely.

Sponsored by the physicians of Ridgeview Medical Center.

Tuesday, Oct. 21 | 7–8 p.m.

Ridgeview Community Auditorium, 500 S. Maple Street, Waconia

To register for these free events, call (952) 442-8084, or go to www.ridgeviewmedical.org/events.

“Women at Midlife” Seminars

1. Get a Leg Up on Your Circulation

What you always wanted to know about veins, but were afraid to ask

- Spider veins
- Varicose veins
- Peripheral artery disease (PAD)

Thursday, Sept. 18 | 6–7:30 p.m.

BayView Event Center, 687 Excelsior Boulevard, Excelsior

Enhance your heart-health plan and get the facts on common vascular diseases. Peter Alden, MD, Minneapolis Heart Institute®, will cover common diseases, lifestyle steps that aid prevention, how to recognize signs and symptoms, and the latest diagnostic tools and repair procedures.

2. Updates on Cancers Affecting Women: Lung, Breast, Colon, and Uterine

Thursday, Oct. 23 | 6–7:30 p.m.

BayView Event Center, 687 Excelsior Boulevard, Excelsior

Gail P. Bender, MD, Hematology and Medical Oncology, will discuss the basic characteristics, the latest clinical research, and guidelines in early detection and prevention of each of these cancers.

Advanced registration and payment of \$15 per event is required.

Online: www.ridgeviewmedical.org/events

Phone: (952) 442-8083

Each of these events includes gourmet appetizers, educational take-home tools and prize giveaways.